

efig responds to article in The Guardian

2.6.14

Many of you will have seen the article published in Friday's Guardian: **Healthy buildings: why workers are demanding sustainable office.**

It covered many of the attributes that workers would love about their office from good light, ventilation and access to nature. The latter mainly referencing green views and green roofs.

The quotes about these attributes come from a researcher in health, buildings and urban nature at the University of Denver, Angela Loder who commented:

"Recent trends in green building and landscape architecture are incorporating nature into buildings, seen in green roofs, green walls, and prioritizing views of nature," she said. "For example, in my own research I found that viewing a green roof from the workplace led to 50% better concentration and feelings of calm wellbeing, better problem-solving, and a sense of hope."

At last some positive comments regarding the use of planting albeit not entirely promoting interior landscaping.

efig felt we should respond. Hot off his heels, our newly elected Vice Chair Chris Jenkin made a positive response followed by Coll Smith, efig's marketing coordinator. Both referenced Dr Craig Knight's research.

You can [read the article and their comments here.](#)



Healthy buildings: why workers are demanding sustainable offices

Companies that ignore the environmental and social impacts of their buildings could risk miserable workers and low productivity

Russ Blinch
theguardian.com, Thursday 29 May 2014 15:28 BST

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Adding natural light into a building was once considered a "perk" benefit for

